Children's Sports Week at the University of Tübingen

After last year's great success, we are once again offering a children's sports week for primary school children of students and employees of the university during the summer holidays. This cooperative event between the Institute of Sports Science and the University's Family Office will take place from 5 - 9 August 2024, from 9:00 a.m. to 1 p.m.

The aim of the Children's Sports Week at the University of Tübingen is to get children of students and employees excited about sports through a polysportive program, to teach them to enjoy exercise and sports, and to show them the diversity of sports. In addition, social integration will be promoted and parents also have reliable childcare during this time.

This project was implemented at the Institute of Sport and Science as part of the seminar "Designing, Organizing and Evaluating Sport" by 17 students under the seminar leadership of Andreas Dietrich. The University of Tübingen will contribute to the costs in order to keep the participation fee low.

Target group Primary school children aged 7 to 11 - maximum number: 50 children.

Location: Institute of Sports Science, Wilhelmstraße 124, 72074 Tübingen (sports halls).

Date / Time: 05 - 09 August 2024, from 9:00am to 1:00pm each day.

Participation fee € 25,-- per child for the whole week (lunch and event shirt included)

Course contents

The polysportive program of the children's sports week will consist of the following contents:

- apparatus gymnastics
- Movement landscapes
- Dancing
- Ball games
- Water games outside
- Team building games
- Terrain games

Groups

Groups will be formed according to age and will remain for the whole week. Group requests (friends, siblings) can be made at the time of registration and will be considered as far as possible.

Lunch

The children receive a healthy and balanced lunch and are guided and supervised by the group leaders.

IMPORTANT: Registration period is from April 22 to May 3, 2024. Please register via this link: <u>https://bit.ly/4cQLuo0</u>

In the right bar click on -Courses A - Z then you will find the registration under K - Kindersportwoche

After registering, you will automatically receive a confirmation email. Please direct any questions to: <u>kindersportwoche@ifs.uni-tuebingen.de</u>